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Dear Ridethebergers

We are counting down the days to Ridetheberg 2017. Here is a quick update, for those of you that like to plan ahead

**1. The weekend program looks like this:**

**Friday 23 June**

Registration will be at the Race Village at All Out Adventures from 14:00-20:00

Race briefing at the Race Village will be at 18:00, and shouldn't last more than half an hour.

We'll make a fire and enjoy a couple of beers, so please do join us.

Drinks and snacks will be available

**Saturday 24 & Sunday 25 June**

7:00 Venue opens and we can help with any last minute registrations or bike repairs

*The race only starts at 9:00 though, so there's plenty of time to have breakfast at your accommodation venue*

8:45 We will start loading the batches (Remember its self batching so if you really are a racing snake, be here a little early)

9:00 Sensible Start Time

10:30 Wors rolls available

12:30 Prize Giving Day 2

**2. Cut Off Times.**

We will be implementing cut-off times. These will be purely in the interests of rider safety and to ensure that no rider risks being left out on the trails in the dark. As such they are generous, and we will be really surprised if anyone gets axed.

The most important cut-off time is 14:00 at the last water table.

Please also note that in the interests of rider safety, race officials, including on-course marshals and sweepers have the discretion pull people off the course should they deem it appropriate.

**3. Venue Facilities**

All Out Adventures is a fantastic venue – plenty of parking, coffee shop, bean bags, showers, proper loos, and no shortage of entertainment for your supporters club. This year each participant will received a voucher for a free Adventure Ride, and these can be passed on to spectators if you like.

We are so pleased to have aha Alpine Heath <http://aha.co.za/alpineheath/> on board as our catering partners this year. They will be providing each finisher with a tasty wors roll, as well as selling wors rolls to spectators.

There will be a mechanic available to do any basic last minute panic repairs, and bike wash each day is included in the entry.

#### **4. Physio**

Don't forget to book your physio session with Claire and the crew from Adventure Physio. Cost is R370 per session. Please email [claire@adventurephysio.co.za](mailto:claire@adventurephysio.co.za) for bookings.

#### **5. Community Kids**

Last year we equipped the pre-school in Langkloof (site of the first water table on day 1) with plastic "black bikes". These were such a hit, that this year we would like to find bikes for all the pre-schools supported by the Khanyisela Project

<https://www.khanyiselaprojects.co.za/>

If you would like to be part of this, please bring a long a plastic "black bike" to registration.

#### **6. Last Minute Entries and Payments**

Finally, for those of you who don't plan ahead, entries will stay open until midnight of Tuesday 20<sup>th</sup> June! If you have registered but not paid, there is still time! Log in with your ID and click on the "Proceed to Pay" button.

<https://ridetheberg2017.myactive.co.za/CaptureDetails/Registration.aspx>